

# SHROPSHIRE SANDS

## What does Sands do?



## SHROPSHIRE

Supporting anyone  
affected by the death of a  
baby

Helpline No: 07772 217439

[www.shropshiresands.co.uk](http://www.shropshiresands.co.uk)

Charity Registration No: 299679

### Shropshire Sands

We aim to provide support to those parents and families bereaved by the death of a baby - not only for the recently bereaved but also those whose babies died some time ago.

Activities

- Telephone & personal befriending
- Small group monthly meetings
- Newsletters
- Library of books and videos
- Providing 'Precious Memories' bereavement packs for use in the Royal Shrewsbury Hospital.
- Providing camera's and films for use in the Royal Shrewsbury Hospital
- Providing special gowns for use in the Royal Shrewsbury Hospital
- Providing foetal heart monitors, baby scales & other equipment related to babies for Medical Practices & the Royal Shrewsbury Hospital.
- Providing remembrance books and services.
- Providing a special area for graves at Shrewsbury General Cemetery.
- Purchasing Headstones for the Baby Graves at Shrewsbury Cemetery.
- Providing a Garden of Remembrance for all babies who have been cremated at Shrewsbury Crematorium
- Fundraising together with parents at various events.
- Furnishing special room's at Royal Shrewsbury Hospital, so that families can stay together when their baby dies.

### What Does Sands Do?

In the U.K. 17 babies a day die at or around the time of birth and this does not include babies which are miscarried (born before 24 weeks)

Sands offers support and advice to the parents and families of these babies.

We achieve this through our national network of local groups and befrienders, backed up by a correspondence and telephone support service, information leaflets and books for parents and health professionals.

Nationally Sands supports over 4,000 families every year through a national helpline, a UK network of parent lead support groups, a website, plus support leaflets and publications.

Sands is here to help when your baby dies during your pregnancy or around the time of birth.

## How Sands Supports Bereaved Parents

Whether you are a mother, father, family or friend.

Shropshire Sands offers the kind of support that you may want as you come to terms with what has happened.

It will be different for everyone. Perhaps you will want to talk to someone who has also lost a baby, or find out about the practical things that need to be done. You may want to meet other bereaved parents in a small group, or you may not want to do anything straight away.

But we are here should you want help when you feel the time is right. Shropshire Sands is still here a year on when you will not forget your baby's anniversary, although everyone else seems to.

We also provide support for parents whose babies died many years ago.